

Letter to the Editor

Findings on the Eye disease connected with Herpes Zoster at the Balcha Hospital

Doctors at the Balcha Hospital have found severe cases of the eye disease connected with Herpes Zoster, that can result in complete blindness or reduced sight if the disease is not treated. Herpes Zoster is very often connected with HIV virus. Disease of the eye with Herpes Zoster can be classified as

1. Herpes Zoster of the eyelids
2. Conjunctivitis
3. Keratitis
4. Uveitis
5. Keratouveitis
6. Combination of two or more of the above

Forty six patients with Herpes Zoster have been examined between 1993-96 and only three of these are found to be free from Herpes Zoster of the eyelids. However, the three patients had Keratouveitis connected with Herpes Zoster of skin of other parts of the body. Intensive course of local and general treatment has been performed on these patients and the recovery has been found to have enhanced three to four times. No case of blindness has been observed to have recurred after the treatment. Nevertheless three patients out of eight who have showed up at our hospital have been found to be completely blind as a result of having no treatment at all. No complication has been observed on the patients treated for the disease so far.

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